Creating engaging PD for your school team is hard! Urban Initiatives’ Professional Development workshops create a connected, fun, and supportive environment with staff, weaving together UI's research-based methodology (developed in collaboration with the Weikart Center for Youth Program Quality), our 20 years of experience in Chicago Public Schools, and your school's SEL priorities to build a stronger and more supportive environment school-wide.

**WORKSHOP OPTIONS:**

All workshops are interactive and experiential, providing participants with training and tools to build positive connections with kids while having fun and bonding as a staff. Standard topics listed below; new content can be created for an additional fee.

1. **Supporting Healing Environments Through Play**  
   (2-hour single session or series)  
   Building experiences into the school environment that support young people who have experienced trauma and help them self-regulate under stress, build transferrable SEL skills, and grow towards independence.

2. **Recess Fundamentals**  
   (Two 2-hour sessions OR four 1-hour sessions)  
   Building procedures and practices to support a safe, fun recess while learning healing-centered coaching skills to enable structured play, SEL growth, and restorative conversations.

3. **Custom Workshop**  
   (1-2 hour sessions)  
   For an additional fee, UI staff will collaborate with you to develop custom content that aligns with your school's initiatives regarding SEL, restorative practices, and staff collaboration/connectedness.

**UI PROVIDES:**

- Content
- Facilitation
- Take home training materials for participants

**SCHOOL PROVIDES:**

- Space
- Participants
- A/V Equipment (projector & sound)

"These interactive workshops are essential to us as adults to gain different tactics on SEL that will benefit the students."

- **CPS teacher**

Need more info?  
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