# Professional Development Workshops





Creating engaging PD for your school team can be a challenge. Urban Initiatives' (UI) Professional Development workshops create a connected, fun, and supportive environment that enhances your team's ability to follow through on school-wide SEL initiatives. Ul's research-based methodology (developed in collaboration with the Weikart Center for Youth Program Quality and based on our 20 years of experience in Chicago Public Schools) is designed to work in concert with your school's SEL priorities to support and enhance existing programs and practices.

### **WORKSHOP OPTIONS:**

\$250/hour

We can work with you to create a customized professional learning plan for your team. Workshops are each 2 hours in duration and can be facilitated across 1, 2, or 4 days.

#### Sample trajectory:

Fun!

Fun is at the heart of positive relationships, healthy environments, and sticky learning experiences. This session focuses on infusing fun into the classroom.

### **Creating**Safe Spaces

Safe spaces are the foundation for trust, skill-building, and growth. This session teaches practical techniques to reinforce safety on an ongoing basis.

### **Building** Skills

Re-centering and recommitting to growth mindset, this session targets innovative ways to dismantle barriers to skill building for kids and adults.

## Fostering Independence

The final session will develop tactics to foster independence in young people and equip them to make healthy decisions on their own.

#### **UI PROVIDES:**

- Content
- Facilitation
- Take home training materials for participants

#### **SCHOOL PROVIDES:**

- Space
- Participants

These interactive workshops are essential to us as adults to gain different tactics on SEL that will benefit the students.

- CPS teacher